## Tallahassee Developmental Center – Northwest Region

Tallahassee Developmental Center (TDC) operates under the philosophy that the individuals it serves are entitled to programs and services designed to meet their needs in order that they may achieve the most productive, rewarding and least restrictive lifestyle possible. Integrated community activities and preparation for those individuals who desire to transition to community residential settings receive particular emphasis.

## **Location**

Tallahassee Developmental Center 455 Appleyard Drive Tallahassee, FL 32304

### **Programs**

TDC is licensed as an Intermediate Care Facility (ICF/IID), is owned Pensacola Care, Inc., a private not for profit organization, and managed by Quest Management Group, Inc. (QMG).

The center provides twenty-four hour care, supervision and life-management skills in four 15-bed homes. Each of the homes consists of semi-private personalized bedrooms and shared living, recreation, dining and kitchen areas.

TDC is conveniently located across from Tallahassee Community College near shopping, educational, religious, medical and other community resources.

Fully equipped kitchens in each home allow residents who are independent to prepare portions of their meals. Residents who lack kitchen skills are taught skills in their own living unit's kitchen. Laundry facilities are also located in home for individuals who are independent and those who require training in laundry skills. In addition, a central services building houses support services, a main kitchen and a multi-purpose activity room that is used for a variety social activities including dances, games and church services.

TDC provides each individual with a daily routine of scheduled activities that focus on individual needs and choices. Each individual has his/her own Habilitation Plan that is based on the results of a thorough interdisciplinary evaluation and is continually updated to accommodate changing needs and choices. Families and individuals are encouraged to participate in the design of treatment and training plans and daily activity schedules.

The following programs and service are among those offered. Physical and occupational therapy, nutrition services, social skills, behavioral assistance, human growth and development, psychological services, medical, dental, nursing, and senior activities. Day program services are also provided through Pyramid, Inc. or a program of each individual's choice.

# **Staffing**

The center provides a staff-to-individuals ratio that meets or exceeds federal and state regulations. Direct care staff are supervised and complemented by a robust staff of professionals and consultants who represent a broad range of disciplines.

TDC is an equal opportunity provider and maintains a drug-free workplace.

## Unique Features

TDC works closely in cooperation with the Florida State University to provide practical experience and education in the field of Developmental Disabilities to students in Medical School and the Department of Behavioral Sciences.

### **Contact Information**

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